

Free State Champs '26
08 Aug 2026 – 08 Aug 2026

Pos	Name	Unit / Club	Service	Class	Group	Gender	100m Snp(14) Macarena_T	100m Rpd(2) Stand to Sit_T	200m SF(3) Prone_T	200m Rpd(11b) Sit (Fig11)_T	200m Snp(11c) Sit (10x3)_T	200m Snp(15a) Sit (5x5)Fig11_T	300m SF(7) Prone_T	300m Rpd(8) Stand to Prone_T	300m Snp(9) Prone (10x3)_T	300m Snp(12c) Prone (5x5)Fig12	Total	V	5	4	3	0
1	DE JAGER PJJ	NC-CRC	CRC	X	SHT	M	37	45	47	35	44	45	36	43	46	42	420	30	16	34	18	2
2	DE WAAL MJ	NC-CRC	CRC	X	SHT	M	38	47	45	31	46	38	40	35	39	37	396	14	21	38	23	4
3	ALBERTS R	WC-SAPS	SAPS	X	VET	F	37	49	44	29	40	43	34	40	37	42	395	14	16	44	23	3
4	HORN M	MP-DCS	DCS	X	VET	M	45	43	42	38	41	39	38	39	33	37	395	11	13	53	21	2
5	KORFF LA	FS-TBAR	SANDF Res	X	VET	M	43	46	44	44	43	37	37	21	43	35	393	15	24	33	22	6
6	VERWEY TJ	GN-MSD	SANDF Reg	X	SHT	M	43	49	35	42	38	43	28	39	37	38	392	14	14	45	24	3
7	BRITS E	NW-DCS	DCS	X	VET	M	41	47	42	32	32	43	34	43	36	42	392	13	18	45	19	5
8	JANSE VAN RENSBURG MQ	WC-INF SCH	SANDF Reg	X	SHT	M	42	47	36	43	40	42	35	36	36	35	392	8	18	46	26	2
9	THEUNISSEN D	GS-CRC	CRC	X	VET	M	37	43	42	36	41	38	36	38	35	39	385	12	13	47	24	4
10	COERTZE D	EC-CRC	CRC	X	SHT	M	35	35	46	32	39	40	33	39	45	37	381	11	14	40	32	3
11	DIAS LOBO PM	WC-FIMB	SANDF Res	X	VET	M	42	48	48	33	44	40	35	18	29	41	378	14	21	29	29	7
12	VAN NIEKERK M	GS-SAPS	SAPS	X	VET	F	35	47	43	38	40	37	37	33	31	37	378	10	12	49	24	5
13	KARSTEN JH	NC-TBAR	SANDF Res	X	VET	M	43	46	43	37	41	40	30	31	26	40	377	21	9	38	25	7
14	SMYTHE AF	KZN-CRC	CRC	X	MAS	M	41	47	46	36	33	36	33	35	37	33	377	14	18	37	23	8
15	SCHULTZ CJ	GS-DCS	DCS	X	VET	M	39	43	44	31	40	35	36	41	27	39	375	8	13	48	26	5
16	GELDENHUYS PJ	MP-TBAR	SANDF Res	X	VET	M	35	38	39	43	41	41	25	35	38	40	375	7	15	52	19	7
17	WILLIAMS PVG	WC-CRC	CRC	X	MAS	M	43	49	44	29	32	39	37	34	29	38	374	16	12	36	30	6
18	DIX PA	GS-DCS	DCS	X	MAS	M	40	46	42	32	43	41	38	31	25	36	374	13	13	43	24	7
19	VAN DER WALT PJ	FS-SAPS	SAPS	X	SHT	M	38	43	38	41	39	43	34	31	38	29	374	10	12	51	20	7
20	VAN DOORN S	NW-PMSC	SANDF Reg	X	SHT	F	45	48	41	38	40	40	41	15	31	33	372	13	14	45	19	9
21	VAN DER WALT RP	FS-SAPS	SAPS	X	VET	M	39	46	41	36	43	34	34	36	24	39	372	9	13	43	30	5
22	DRURY AJ	FS-TBAR	SANDF Res	X	VET	M	36	44	35	37	34	38	37	36	37	38	372	6	10	55	24	5
23	ALBERTS NA	WC-DCS	DCS	X	SHT	M	41	44	42	37	33	37	23	42	39	32	370	7	16	48	21	8
24	FORTMANN AE	KZN-IC	SANDF Res	X	VET	M	38	47	41	31	39	35	33	27	43	33	367	11	17	38	25	9
25	JONES D	GS-DCS	DCS	X	VET	M	27	44	44	36	39	39	41	31	38	27	366	10	17	33	33	7

Pos	Name	Unit / Club	Service	Class	Group	Gender	100m Snp(14) Macarena_T	100m Rpd(2) Stand to Sit_T	200m SF(3) Prone_T	200m Rpd(11b) Sit (Fig11)_T	200m Snp(11c) Sit (10x3)_T	200m Snp(15a) Sit (5x5)Fig11_T	300m SF(7) Prone_T	300m Rpd(8) Stand to Prone_T	300m Snp(9) Prone (10x3)_T	300m Snp(12c) Prone (5x5)Fig12	Total	V	5	4	3	0
26	DU PLESSIS JL	GN-DCS	DCS	X	MAS	M	42	45	45	28	39	41	41	10	39	36	366	7	21	43	18	11
27	DE WET WJ	FS-CRC	CRC	X	VET	M	47	46	36	20	41	37	36	33	35	34	365	17	14	30	30	9
28	SNYMAN RA	NC-SAPS	SAPS	X	VET	M	43	44	34	33	19	34	41	31	41	43	363	9	14	44	24	9
29	GELDENHUYS PN	GS-SAPS	SAPS	X	VET	M	39	41	42	37	40	37	37	26	25	38	362	9	9	41	36	5
30	HAMMAN RC	FS-SAPS	SAPS	X	VET	M	37	43	41	34	40	35	44	32	31	23	360	7	18	34	33	8
31	VAN SCHAIK CL	GS-SAPS	SAPS	X	VET	M	46	46	36	31	42	34	23	29	37	35	359	12	14	34	31	9
32	GROBLER JEJ	WC-SAPS	SAPS	X	VET	M	32	40	47	32	39	40	40	19	29	40	358	8	21	33	27	11
33	MORTASSAGNE PLL	KZN-CRC	CRC	X	SHT	M	44	42	34	39	33	36	31	39	33	27	358	8	12	45	26	9
34	KRÜGER TM	GN-17 SQN	SANDF Reg	X	SHT	M	25	44	38	35	39	34	33	34	37	37	356	6	14	34	40	6
35	ALBERTS JM	WC-DCS	DCS	X	VET	M	38	44	39	26	32	34	41	26	39	35	354	9	10	43	29	9
36	VITI TS	WC-CLR	SANDF Res	X	SHT	F	39	43	43	25	36	31	38	35	31	31	352	14	10	37	28	11
37	NHLAPO MT	KZN-IC	SANDF Res	X	VET	M	40	42	43	31	40	25	31	35	30	34	351	8	7	42	36	7
38	WATERFALL P	WC-SAPS	SAPS	X	VET	M	34	38	44	18	35	41	40	33	32	35	350	7	13	40	30	10
39	HANEKOM MC	EC-CRC	CRC	X	SHT	M	38	41	38	36	31	34	34	36	38	23	349	5	10	46	30	9
40	KOCH M	FS-SAPS	SAPS	X	VET	M	40	43	36	33	39	38	18	30	38	33	348	9	14	38	27	12
41	MORTASSAGNE A	KZN-CRC	CRC	X	SHT	F	40	35	42	27	27	45	33	30	24	43	346	8	15	36	29	12
42	PELSER L	NC-SAPS	SAPS	X	VET	M	26	46	45	30	40	32	32	21	37	37	346	7	18	32	31	12
43	VAN DER WALT HN	WC-SAPS	SAPS	X	VET	M	37	37	42	29	37	30	39	22	31	41	345	8	16	33	31	12
44	DLADLA NW	KZN-5 SAI	SANDF Reg	B	SHT	M	32	42	44	29	29	39	34	31	34	30	344	6	8	40	38	8
45	VAN ROOYEN J	GN-PMCRSC	CRC	X	SHT	M	37	45	43	41	37	29	31	25	27	28	343	7	15	35	31	12
46	RAMKUSEN U	KZN-RSU	SANDF Res	X	VET	F	36	42	36	34	33	32	32	31	31	34	341	7	12	30	42	9
47	VAN ZYL R	GN-CRC	CRC	X	JNR	M	36	41	42	34	40	40	35	19	21	32	340	5	10	43	31	11
48	FOUCHE CH	FS-SAPS	SAPS	X	VET	M	35	44	36	38	44	36	19	26	40	20	338	11	12	40	21	16
49	EKSTEEN G	FS-CRC	CRC	X	SHT	M	42	44	38	24	39	40	31	16	38	26	338	9	9	38	32	12
50	SCHULTZ GRJ	GS-SAPS	SAPS	X	VET	M	32	39	43	35	41	39	25	28	21	35	338	9	7	42	30	12
51	GOUS HB	GN-SAPS	SAPS	X	VET	M	30	43	39	31	34	43	28	39	25	25	337	10	12	35	29	14
52	BADENHORST K	WC-SAI	SANDF Reg	B	SHT	M	41	42	39	32	34	30	18	34	32	34	336	5	9	32	46	8

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53	STRYDOM HB	FS-TBAR	SANDF Res	X	VET	M	30	43	42	25	32	36	26	30	31	39	334	9	6	40	33	12
54	STONE JA	GN-SAPS	SAPS	X	VET	M	37	41	42	30	33	23	38	38	22	30	334	6	9	37	37	11
55	VAN ZYL Q	NW-SAPS	SAPS	X	SHT	M	39	38	38	32	36	30	30	23	29	39	334	2	10	43	34	11
56	SIBAYA MP	FS-CRC	CRC	A	SHT	M	34	32	40	27	36	38	35	26	33	32	333	7	11	33	37	12
57	UYS JP	NW-CRC	CRC	X	MAS	M	30	41	44	33	36	29	31	23	32	33	332	2	12	40	34	12
58	NDUM-NDUM A	FS-Other	SANDF Reg	B	SHT	M	33	41	29	27	41	30	31	36	32	31	331	8	6	42	31	13
59	KUMALO MJ	FS-TBAR	SANDF Res	A	SHT	M	36	38	37	24	25	29	37	29	35	40	330	3	5	44	38	10
60	SMITH F	GN-SAPS	SAPS	X	SHT	M	32	47	40	39	37	42	28	13	30	21	329	9	12	32	32	15
61	VAN DEN BERG SJ	EC-NM Reg	SANDF Res	X	MAS	M	35	40	41	31	14	37	35	35	30	28	326	5	16	26	39	14
62	SIBLEY RNL	GS-ARMY GYM	SANDF Reg	X	VET	M	38	44	38	41	38	34	23	24	9	36	325	13	10	27	34	16
63	VAN DER MERWE HJ	NW-CRC	CRC	X	MAS	M	37	39	38	34	35	35	41	20	21	25	325	9	3	37	39	12
64	KEYSER MS	GS-CRC	CRC	X	SHT	F	33	37	45	28	39	26	29	28	24	34	323	7	11	35	31	16
65	VAN STADEN GF	FS-CRC	CRC	X	MAS	M	31	43	40	31	39	30	31	28	27	23	323	6	13	30	36	15
66	JACOBS AG	NC-SAPS	SAPS	B	SHT	M	33	46	25	34	23	35	33	34	29	30	322	2	14	29	42	13
67	VERWEY A	GN-MSC	SANDF Reg	X	SHT	F	26	45	40	39	40	24	15	34	25	32	320	8	13	35	25	19
68	MPELE PPL	FS-SAPS	SAPS	X	SHT	F	40	45	36	32	26	26	25	28	29	31	318	7	9	34	34	16
69	WIID N	NC-SAPS	SAPS	X	VET	F	36	47	40	27	37	46	19	12	25	28	317	6	15	29	32	18
70	VAN ROOYEN H	GS-CRC	CRC	X	MAS	M	24	35	28	19	38	40	28	38	34	31	315	5	13	33	31	18
71	ROODT MS	GN-CRC	CRC	B	JNR	M	33	40	42	22	39	29	32	22	25	30	314	5	8	36	35	16
72	MONOTO MG	NW-SAPS	SAPS	A	SHT	M	35	41	40	24	35	19	18	27	35	39	313	8	10	28	37	17
73	STEWART A	GN-MSC	SANDF Res	X	MAS	M	40	44	44	3	30	18	39	27	32	36	313	4	16	36	23	21
74	MOSTERT GD	NW-CRC	CRC	A	SHT	M	31	39	20	35	38	40	33	27	23	26	312	7	8	33	35	17
75	SETHUNYA KS	FS-SAPS	SAPS	X	SHT	M	35	43	26	19	18	38	37	29	32	35	312	5	12	29	37	17
76	MADLALA MC	KZN-IC	SANDF Res	A	SHT	M	30	32	42	14	35	33	34	32	35	25	312	5	8	31	41	15
77	RAMSHAI AA	GS-SAPS	SAPS	X	VET	M	27	38	38	23	25	20	44	40	14	41	310	12	3	37	29	19
78	LEKHOLO MA	GS-SAPS	SAPS	X	SHT	M	21	44	46	15	20	27	33	37	37	28	308	9	11	25	36	19
79	SWIFT A	NC-SAPS	SAPS	X	SHT	M	31	47	40	29	35	30	31	24	23	18	308	6	10	27	40	17

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80	NZIWENI ZG	FS-TBAR	SANDF Res	B	SHT	M	31	41	39	30	32	28	33	28	24	22	308	5	17	15	46	17
81	KUKKUK JH	FS-SAPS	SAPS	X	SHT	M	32	36	37	26	27	39	11	25	37	38	308	4	10	31	38	17
82	DARIES E	WC-CTH	SANDF Res	A	SHT	M	41	37	37	22	25	42	25	28	31	19	307	8	12	27	33	20
83	VAN HEERDEN G	GS-SAPS	SAPS	X	VET	M	32	37	37	34	29	36	34	26	13	29	307	7	9	29	37	18
84	STEPHENSON P	EC-CRC	CRC	X	MAS	M	28	35	39	26	38	37	23	22	25	34	307	3	9	34	37	17
85	BOSHOF W	WC-CLR	SANDF Res	A	SHT	M	33	39	26	31	32	24	21	31	35	34	306	3	11	32	36	18
86	SCHULTZ S	GN-MSC	SANDF Reg	A	SHT	M	42	42	39	24	37	40	3	14	33	29	303	6	10	37	25	22
87	THABETHE GT	KZN-IC	SANDF Res	A	VET	M	30	39	39	37	39	34	36	27	0	22	303	0	11	35	36	8
88	THEUNISSEN A	GS-CRC	CRC	X	VET	F	29	42	44	25	18	26	41	36	23	18	302	5	10	32	33	20
89	KHUMALO LD	GN-SAPS	SAPS	X	SHT	M	32	41	33	25	24	40	24	34	29	19	301	2	7	34	40	17
90	RAMKUSEN J	KZN-RSU	SANDF Res	X	MAS	M	33	29	33	23	20	36	39	23	22	41	299	4	7	31	40	18
91	FOURIE NB	FS-SAAF	SANDF Reg	X	VET	M	32	40	32	31	19	36	27	18	28	31	294	6	5	35	33	21
92	MINNIES BL	MP-SAPS	SAPS	X	SHT	M	40	38	36	24	31	9	34	22	29	30	293	9	7	30	31	23
93	VAN VUUREN A	GN-SAAF	SANDF Reg	X	SHT	F	37	46	31	40	34	30	17	26	16	12	289	5	14	26	30	25
94	VAN GREUNEN AJ	WC-SAPS	SAPS	X	VET	M	35	43	37	24	28	27	27	31	27	9	288	4	10	29	34	23
95	PENNY ZC	NW-PMSC	SANDF Reg	B	JNR	M	36	33	24	28	30	29	27	32	29	20	288	1	8	30	41	20
96	MASEMOLA PT	GN-SAPS	SAPS	X	SHT	F	24	45	39	25	36	27	28	20	25	18	287	6	10	24	37	23
97	LE ROUX GP	MP-DCS	DCS	X	MAS	M	31	43	43	15	33	28	33	19	25	16	286	9	9	22	36	24
98	VAN SCHALKWYK K	FS-SAAF	SANDF Reg	X	VET	M	28	33	39	31	33	22	25	24	26	25	286	6	0	37	36	21
99	PHILANDER FR	WC-CLR	SANDF Res	A	SHT	M	38	31	41	27	12	19	38	23	35	21	285	7	4	29	38	22
100	SAAPE MJ	GN-SAPS	SAPS	A	SHT	M	35	34	39	27	40	16	33	9	35	17	285	2	7	27	44	20
101	PIENAAR JL	WC-CLR	SANDF Res	B	SHT	M	15	41	39	31	32	29	26	6	30	35	284	7	8	20	43	22
102	COETZEE C	EC-CRC	CRC	X	MAS	F	25	32	38	24	36	33	27	10	38	21	284	1	7	28	44	20
103	ROELOFSE WG	FS-TBAR	SANDF Res	X	VET	M	20	34	39	33	32	25	33	26	23	17	282	2	7	30	39	22
104	VAN DER LINDE P	NC-SAPS	SAPS	X	VET	M	45	42	31	19	26	20	12	28	28	30	281	7	9	24	35	25
105	SPREETH H	WC-DCS	DCS	A	SHT	M	38	37	33	42	28	19	27	20	26	10	280	6	8	27	34	25
106	ERASMUS J	FS-SAPS	SAPS	B	VET	M	33	42	29	27	28	42	12	6	35	26	280	6	6	31	32	25

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107	VILJOEN J	FS-SAPS	SAPS	A	VET	M	36	39	39	31	35	32	20	6	6	36	280	4	8	31	32	25
108	MORTASSAGNE AM	KZN-CRC	CRC	X	MAS	M	29	34	44	28	37	30	19	27	19	13	280	4	8	25	40	23
109	REDINGER SW	KZN-CRC	CRC	A	SHT	M	41	38	23	25	23	30	33	27	24	14	278	7	5	26	38	24
110	MCHUNU NE	KZN-5 SAI	SANDF Reg	B	SHT	M	37	35	42	12	6	32	31	20	32	30	277	5	8	26	36	25
111	HEINE HIJ	WC-BR	SANDF Res	A	MAS	M	35	38	35	35	29	0	21	34	34	16	277	4	9	29	32	26
112	VAN DEN BERG J	GS-SAPS	SAPS	X	VET	M	38	33	24	23	23	32	37	23	25	18	276	6	3	30	37	24
113	VAN WILLING DF	WC-CLR	SANDF Res	B	SHT	M	27	35	40	34	16	21	36	29	10	27	275	9	4	27	34	26
114	MARAIS CL	KZN-CRC	CRC	A	SHT	M	25	42	39	25	15	34	25	30	12	28	275	8	10	23	31	28
115	BOTES MW	NC-SAPS	SAPS	B	SHT	M	27	42	37	18	29	19	32	29	28	7	268	4	6	35	26	29
116	UTLOA RZ	NC-10 AAR	SANDF Reg	B	SHT	M	32	30	32	28	17	38	36	15	30	9	267	3	3	33	35	26
117	WILLIAMS SJ	NC-SAPS	SAPS	B	SHT	M	34	34	36	27	22	19	10	22	28	32	264	4	6	25	38	27
118	MKHIZE SC	KZN-5 SAI	SANDF Reg	B	SHT	M	24	43	33	23	34	32	19	16	28	11	263	4	6	24	39	27
119	NGUBANE TS	KZN-IC	SANDF Res	A	VET	F	40	35	31	22	35	36	16	25	12	9	261	6	4	25	37	28
120	VINGER TV	FS-TBAR	SANDF Res	A	SHT	M	38	40	25	27	37	32	4	24	14	20	261	4	9	25	32	30
121	PARKIES M	KZN-5 SAI	SANDF Reg	B	SHT	M	41	41	32	25	22	33	23	24	14	5	260	5	12	19	33	31
122	JACOBS BJ	GN-CRC	SANDF Reg	B	VET	M	32	39	41	27	9	25	14	28	15	30	260	5	4	32	29	30
123	VAN ROOYEN SB	WC-CLR	SANDF Res	B	VET	M	32	28	44	26	30	16	12	15	27	30	260	3	5	25	40	27
124	ROODT LS	GN-SAPS	SAPS	X	VET	M	27	44	30	35	18	23	32	17	24	9	259	4	8	28	29	31
125	PLAATJIES PN	NC-SAPS	SAPS	X	SHT	M	39	41	35	25	22	19	42	13	9	13	258	8	4	27	30	31
126	LENTSWANA GK	GS-SAPS	SAPS	A	SHT	M	35	40	33	35	16	34	7	19	19	18	256	5	4	28	33	30
127	DU PREEZ JP	GN-MSC	SANDF Reg	B	SHT	M	29	18	39	27	10	32	28	27	21	24	255	1	4	23	46	26
128	DE BEER HHGR	MP-SAAF	SANDF Reg	A	VET	M	30	42	35	29	20	29	21	12	3	33	254	7	9	18	34	32
129	SPANGENBERG JMA	NC-SAPS	SAPS	X	VET	M	14	33	35	11	33	29	26	34	28	10	253	2	4	37	25	32
130	MASENGEMU SBC	KZN-IC	SANDF Res	A	VET	M	21	33	28	34	26	36	6	28	20	20	252	4	5	21	41	29
131	PHAKATHI NB	FS-SAPS	SAPS	A	SHT	M	36	35	38	31	20	27	23	15	3	20	248	2	5	24	39	30
132	BAATJIES R	FS-SAAF	SANDF Reg	X	VET	M	21	35	35	20	20	30	9	20	30	26	246	5	4	18	43	30
133	MALEME MJ	FS-SAPS	SAPS	A	SHT	M	32	40	35	28	25	17	22	19	19	5	242	2	8	24	32	34

Pos	Name	Unit / Club	Service	Class	Group	Gender	100m Snp(14) Macarena_T	100m Rpd(2) Stand to Sit_T	200m SF(3) Prone_T	200m Rpd(11b) Sit (Fig11)_T	200m Snp(11c) Sit (10x3)_T	200m Snp(15a) Sit (5x5)Fig11_T	300m SF(7) Prone_T	300m Rpd(8) Stand to Prone_T	300m Snp(9) Prone (10x3)_T	300m Snp(12c) Prone (5x5)Fig12	Total	V	5	4	3	0
134	KGORI EI	GN-MSC	SANDF Res	B	SHT	M	43	34	38	19	21	25	17	9	23	8	237	4	1	29	32	34
135	HURLEY GC	GN-MSC	SANDF Reg	A	SHT	M	28	31	37	0	33	29	3	18	31	24	234	4	1	23	39	33
136	LOUW LP	WC-CLR	SANDF Res	A	SHT	F	24	44	33	30	10	27	17	13	9	25	232	4	6	20	34	36
137	BEKKER RD	FS-CRC	CRC	X	VET	M	37	41	24	26	24	16	18	15	19	11	231	3	4	28	28	37
138	MNGQIBISA O	FS-SAPS	SAPS	B	SHT	M	36	30	20	18	8	37	19	26	21	12	227	3	3	20	39	35
139	JALI TJ	FS-SAPS	SAPS	A	VET	M	31	34	32	23	24	16	19	16	23	6	224	1	2	23	39	35
140	MOSOLODI TI	NW-SAPS	SAPS	X	SHT	M	35	0	39	9	12	18	16	22	27	39	217	5	3	30	19	43
141	DE VILLIERS AE	WC-CLR	SANDF Res	B	SHT	M	22	29	32	3	26	17	21	25	21	19	215	1	6	24	28	41
142	COMPTON M	FS-VAR	SANDF Res	X	VET	M	33	16	22	9	32	19	25	23	26	7	212	5	6	16	31	42
143	BHUSA N	FS-SAPS	SAPS	B	SHT	F	22	37	26	17	26	19	20	19	8	11	205	2	4	22	29	43
144	VAN HEERDEN GC	GS-CRC	CRC	B	SHT	F	13	17	32	29	31	19	8	15	17	18	199	6	3	19	26	46
145	BIKWANE BAC	FS-SAPS	SAPS	B	SHT	F	14	27	29	5	29	33	26	15	6	15	199	2	4	16	35	43
146	BARTIES WS	NC-10 AAR	SANDF Reg	B	SHT	M	15	38	18	20	4	23	18	22	29	10	197	4	1	19	32	44
147	NJEYA KK	FS-Other	SANDF Reg	B	SHT	M	24	26	23	3	9	25	29	22	18	17	196	2	1	19	35	43
148	KROUTZ M	GN-SAAF	SANDF Reg	A	VET	M	16	25	31	25	19	24	3	9	23	18	193	5	1	19	29	46
149	BLOM N	WC-CTH	SANDF Res	A	SHT	F	9	38	22	24	3	18	27	15	15	22	193	3	2	18	32	45
150	NYAPOTSE MA	NC-10 AAR	SANDF Reg	B	SHT	F	14	31	19	20	12	24	19	28	16	9	192	5	3	14	32	46
151	MAY RA	MP-MSC	SANDF Reg	A	VET	M	27	31	21	23	18	24	10	21	9	7	191	3	4	21	24	48
152	CHAKANE KS	FS-SAPS	SAPS	A	SHT	M	26	33	35	19	10	11	26	8	13	10	191	3	3	17	31	46
153	MOHLAKOANA L	NC-10 AAR	SANDF Reg	B	SHT	M	9	27	36	11	15	24	13	22	24	9	190	1	3	14	38	44
154	MUDIMELI KI	GN-SAAF	SANDF Reg	X	SHT	M	0	19	21	17	4	31	18	20	26	33	189	3	3	15	33	46
155	WIGHT MG	GS-CRC	CRC	A	VET	M	29	17	25	12	21	20	29	15	0	20	188	1	5	14	34	46
156	DU PREEZ D	WC-DCS	DCS	A	SHT	F	35	3	34	17	9	10	26	30	10	12	186	4	1	17	31	47
157	MANGANYI EN	GN-SAPS	SAPS	A	SHT	M	20	33	34	21	18	23	9	15	13	0	186	2	0	23	28	47
158	MOALUSI IP	GN-SAAF	SANDF Reg	B	SHT	M	16	34	18	18	29	12	16	15	17	10	185	1	6	12	34	47
159	ADAMS E	GS-GAMMU	SANDF Res	A	VET	M	19	24	29	15	0	31	0	22	29	14	183	1	3	16	33	47
160	PHALANDWA SE	GN-SAAF	SANDF Reg	B	SHT	M	19	19	10	14	19	19	30	26	22	3	181	0	5	18	28	49

Pos	Name	Unit / Club	Service	Class	Group	Gender	100m Snp(14) Macarena_T	100m Rpd(2) Stand to Sit_T	200m SF(3) Prone_T	200m Rpd(11b) Sit (Fig11)_T	200m Snp(11c) Sit (10x3)_T	200m Snp(15a) Sit (5x5)Fig11_T	300m SF(7) Prone_T	300m Rpd(8) Stand to Prone_T	300m Snp(9) Prone (10x3)_T	300m Snp(12c) Prone (5x5)Fig12	Total	V	5	4	3	0
161	GUMEDE SI	KZN-5 SAI	SANDF Reg	B	SHT	M	27	30	16	21	23	18	6	9	23	7	180	2	5	13	31	49
162	MATLAKALA N	MP-SAAF	SANDF Reg	B	JNR	M	24	29	17	27	6	19	16	19	13	6	176	0	1	12	41	46
163	MAINE T	NC-10 AAR	SANDF Reg	B	SHT	M	23	36	17	18	17	7	14	17	3	20	172	3	2	18	25	52
164	MARUMOLOA KG	MP-MSC	SANDF Reg	B	SHT	M	13	22	34	15	6	17	23	18	14	9	171	2	3	14	30	51
165	PAUL MA	NC-10 AAR	SANDF Reg	B	VET	M	33	29	0	19	3	18	13	20	17	13	165	3	1	16	27	53
166	MAKORO PK	KZN-5 SAI	SANDF Reg	B	SHT	M	14	15	19	7	8	19	27	26	11	17	163	2	3	18	22	55
167	HENDRICKS CA	WC-CLR	SANDF Res	B	SHT	F	22	15	26	15	6	16	9	7	22	20	158	2	3	7	35	53
168	MAUBA K	GN-SAAF	SANDF Reg	B	SHT	M	15	30	30	18	9	12	13	10	15	3	155	0	1	9	38	52
169	MALADA RA	GN-SAPS	SAPS	A	SHT	M	15	4	18	15	16	29	16	9	9	17	148	1	2	13	27	57
170	MEINTJIES MC	MP-MSC	SANDF Reg	B	SHT	F	11	12	21	20	9	20	4	12	21	11	141	2	0	11	29	58
171	MAKINTANE SD	GN-MSC	SANDF Reg	B	SHT	M	20	12	19	9	3	10	22	7	3	33	138	1	1	11	28	59
172	MAHLATSI PT	GS-ARMY GYM	SANDF Reg	B	SHT	M	28	13	6	8	21	29	15	0	13	4	137	3	1	12	23	61
173	DE LANGE KB	KZN-5 SAI	SANDF Reg	B	SHT	F	19	32	19	8	19	8	16	9	7	0	137	2	2	12	23	61
174	TASIYANA PO	GN-SAAF	SANDF Reg	B	SHT	M	19	15	9	31	11	11	14	0	6	3	119	4	2	5	23	66
175	PHARARE ST	NC-10 AAR	SANDF Reg	B	SHT	F	33	22	9	0	23	3	6	7	7	7	117	1	3	13	15	68
176	MOLEFE SP	GN-Other	SANDF Reg	B	SHT	M	3	21	3	10	15	16	21	15	3	7	114	0	3	9	21	67
177	WILLEMSE MA	WC-CLR	SANDF Res	B	SHT	M	25	23	25	3	0	10	3	9	10	0	108	1	1	11	18	69
178	NKOSI PKM	GS-ARMY GYM	SANDF Reg	B	SHT	M	13	13	3	15	26	18	0	6	11	3	108	1	1	8	22	68
179	MASEMOLA ML	GN-SAAF	SANDF Reg	B	SHT	M	16	25	12	7	0	0	6	17	12	7	102	0	2	8	20	70
180	DE BEER JES	MP-SAAF	SANDF Reg	B	VET	F	22	17	30	6	3	3	3	0	12	0	96	1	2	9	15	73
181	PIETERSEN SF	GS-ARMY GYM	SANDF Reg	X	VET	M	13	12	17	0	0	0	0	9	19	0	70	0	0	4	18	78
182	PHELANE P	GS-MSC	SANDF Res	B	MAS	M	0	10	0	0	0	0	0	0	0	0	10	0	0	1	2	97